

**Prof. Helena Rowley, Prof. Michael Colreavy, Mr Stephen Kieran, Ms Eimear Phelan  
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## Advice After a Submandibular Duct Relocation

Following surgery your child's tongue and face may remain swollen for up to two weeks, please follow the advice below:

- Make sure your child drinks enough non-fizzy drinks. Initially, food should be soft but return to normal when it is comfortable for them.
- Give your child regular pain medications such as paracetamol (Calpol) at home for the first few days. Your child may require a second pain medication such as ibuprofen. Take care to follow the instructions on the bottle.
- If your child develops a cold within two weeks of their operation, contact your GP as they may need an antibiotic.

### ENT Nurse Specialists

Mairead O'Leary, Kathy Roche, Dorothy Goslin, Jackie Howard, Heather Lehane

### Contact Details

Direct number between 8am-4pm 01 8784318

01 878 4200 Bleep 785

Outside these hours contact your local Emergency Department or

D-Doc Monday -Friday 6pm - 8am Saturday, Sunday and Bank Holidays Open 24 hours 1850 22 44 77