Contact Us

A nurse from the Day ward will contact you the day after your child’s operation. You can also contact us if you have any questions.

If your child’s wound oozes or leaks yellow/green fluid please contact the Day Ward or your GP.

OR

If you are worried about your child or have any questions please ring us.

Day Ward

Monday - Friday
7.30am-6.30pm

01 878 4831
01 878 4839

Outside these hours, please contact the Emergency Department

01- 8784200

D-Doc

Monday -Friday
5pm - 8am

Saturday, Sunday and Bank Holidays

Open 24 hours
1850 22 44 77

Authors: Denise Traynor
Emer Kelly
Elaine Fitzgerald

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The information in this leaflet is correct at time of development
**What is a Hernia?**

A hernia is a bulging of internal tissue through a gap in the muscle wall.

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**At Home**

At home, your child may be more comfortable wearing loose clothes such as a tracksuit for a few days.

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**Wound**

Your child may have stitches which will dissolve or melt away after 6 weeks.

If your child’s operation site becomes very red or swollen please contact your GP.

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**Washing**

Please keep your child’s wound dry for 5 days after their operation. Your child should not have a bath or shower until after this time.

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**Dressing**

Your child will have a dressing on the groin area, which can be removed after 5 days.

If the dressing comes off before 5 days, replace it with a waterproof dressing available from your pharmacy.

Any steristrips (paper stitches) should be left in place until they fall off.

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**School**

Your child can return to school when they can wear their usual clothes comfortably and can walk normally.

Your child should not take part in sports activities, PE or cycling until they have been seen in the outpatient’s department which is usually 6 weeks after their operation.

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**Pain**

Your child may feel some pain when he is at home. The Day Ward nurse will give you some advice on pain relief.