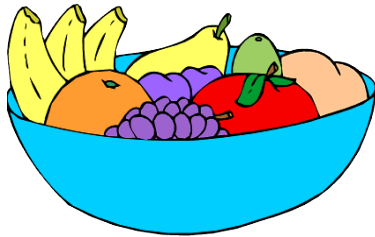


To Help Your Child's Wound To Heal They Will Need

- ★ A Healthy Balanced Diet
- ★ Plenty of Rest
- ★ Time to Recover



Your child's wound is;

Dressed Exposed

Sutures Present Yes No

Number and date to be removed

Your child has the following dressing on their wound:

Your Local Health Centre _____

Name of Your PHN _____

PHN Phone Number _____

GP Name _____

GP Phone Number _____

Department / Ward _____

Department / Ward Phone
Number 01 878 _____

Your Child's next appointment is
on / /

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Hospital

The information in this leaflet is correct at time of print



How to Care For a Child's Wound

Information for Patients, Parents and Carers

Main Hospital Number
01 878 4200

Important

Your child's dressing will help to protect their wound from injury and infection. Disturbing it will delay healing and may cause harm to the wound.

Please do not remove the dressing or bandage unless you are told to do so.

It is important that the dressing does not get wet as this can increase the chance of infection.

DO's

If your child's dressing / bandage becomes wet, falls off or becomes disturbed:

- ✓ Wash your hands before you touch your child's wound
- ✓ Clean the wound with warm or tepid water.
- ✓ Pat the wound and skin dry with a clean dry cloth.
- ✓ Put a clean dressing on to the wound; this can be bought at your local chemist / pharmacy.
- ✓ Put the old dressing in a plastic bag before you put it in the bin.
- ✓ Wash your hands thoroughly with soap and water after you have put the bandage / plaster in the bin.

DON'T

- ✗ Use a sponge on your child's wound.
- ✗ Use cotton wool on your child's wound.
- ✗ Allow your child's wound to get wet except when cleaning it.



What If I Am Worried About My Child's Wound ?

If you are worried you can contact one of the following;

- ★ Your GP
- ★ Your Public Health Nurse (PHN)
- ★ Your local Health Centre
- ★ Emergency / Casualty Department

Please Contact Your GP, PHN or The Hospital If You Notice Any of The Following

If your child's wound is more painful than it was.

If their wound is hot to touch or swollen.

If there is an increase in smell from the wound.

If the colour of the fluid leaking from your child's wound changes.

If your child develops a high temperature.

If your child becomes unwell.

If your child becomes more irritable or cranky.

If your child's dressing or bandage is too tight, loosen it and contact your PHN, GP or the hospital.

If your child has a reaction to their dressing (only a small number of children may have this) or if you notice the skin around your child's dressing is red or itchy, contact your PHN or GP.

