



Welcome to St. Michael's C Ward

Information For Parents and Carers

Michaels C Ward
01 878 4258
01 878 4431
Main Hospital Number



St Michaels C Unit

St. Michael's C is a combined renal (kidney) and diabetes unit. Our aim is to provide the highest standard of individualised nursing care to babies and children. We promote family-centred care by supporting parents or principal carers during their stay in the hospital.



We are a nine bedded unit including six isolation rooms. The national paediatric haemodialysis service is provided within St Michael's C unit. This section of the unit has three beds or cots and one isolation cubicle. We also have an outpatient department where children with renal (kidney) conditions are seen.

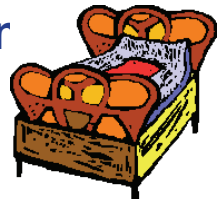
Isolation Rooms

Isolation rooms are provided to children who have an infection that can be passed onto others or have a compromised immune system and are at high risk if they develop an infection.



Parents Accomodation

We have a limited amount of rooms in which one parent or guardian can stay. There are a number of single mattresses which can be used alongside a child's bed. Please contact Parent's Accommodation coordinator on 01- 8784300 to book a room before your child's admission. A small fee will be charged.



Laundry

There are a number of laundrettes available in the local area. There is one on Dorset Street and one on Parnell Street both 5 minutes walk away.



Daily Routine on St. Michael's C

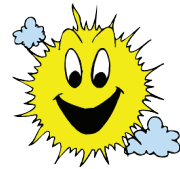
Playroom/Schoolroom

In the mornings when children have finished their breakfast and daily wash, medications are given where necessary. Children of school-going age will attend school. All other children may go the playroom if fit to do so.

During school holidays all children are free to attend the playroom.

The playroom is open Monday - Friday from 9.30am – 12.15pm and 1.45pm – 4.00pm.

The school room is open
Monday - Friday from
9.30am – 12.30pm and 1.10pm – 2.40pm.



Children will be brought to and from school and the playroom by hospital staff.



Meal Times On The Ward

Dinner time 12.30pm.



Tea time 4pm

Regular dinner is meat, potato, and vegetables.

Tea is usually chips, pasta or scrambled egg and a sandwich on request.

Special diets will be provided for renal and diabetic children. Renal and diabetic menu plans are kept in the ward kitchen. HALAL and vegetarian meals are also available on request.

Hospital Restaurant

We have a restaurant on the lower ground floor that serves breakfast and dinner during the week. Ready made sandwiches and snacks are available in vending machines at other times.

Monday - Friday

Breakfast: 7.30am- 9am

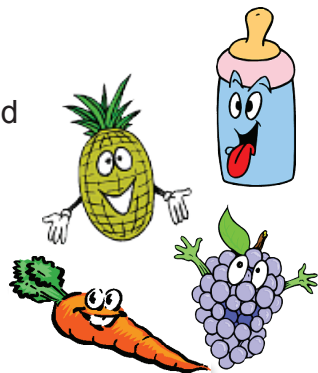
Cooked breakfast, cereal, toast, juice and tea/coffee

Lunch; 11.45am-2.30pm

soup, main course, dessert, tea/coffee

Weekend and Bank Holidays

8.30am-10.30am



If your child is on a restricted diet their medical and nursing team will talk about this with you.

If your child has any special dietary needs please let our health care assistants know and we will try to meet them.

Play Specialists

We have a play specialist who is available to work with you and your child to help them overcome any fears they may have during their stay.

Our play specialist can stay with your child during their treatments if needed when possible.



She will help create an environment that makes the hospital friendlier and fun. If your child has any favourite toys let her know and she will try to assist you.



Entertainment

We have play stations and a limited number of games. Each room has a television and DVD player. We also have a supply of mobiles for cot sides

There is a play area at the end of the ward with toys; this area can be used at any time **except** during outpatient clinics.

Faith

Our hospital chapel is open from 7am – 7pm everyday.

Mass is at 9.30am each Sunday and on Holy Days.

A hospital Chaplain can arrange a baptism on request.

Our multifaith / reflection room is open from 9am and 5pm each day. It is located on St. Johns corridor on the first floor (near the main reception desk). Feel free to visit if you need some quiet time.

A Chaplain visits our ward each day and is happy to talk with families of all beliefs. The hospital chaplains can also arrange for ministers of different faiths to visit with you.



Transport and Parking

If you need any information on buses or trains please ask a member of staff. There is a limited amount of parking around the hospital which is generally pay and display.



Visiting Hours

Visiting hours are 10am - 8pm.

Parents or guardians can visit at any time and one parent can stay by their child's bed during the night.

If you have any other questions, please do not hesitate to ask. Each child is allocated his / her nurse every day. Your child's nurse will be happy to answer your questions.

Please remember to wash your hands or use hand gel when visiting the Hospital



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The information contained in this booklet is correct at time of development