



Welcome to St. Gabriel's Ward

Information

For Parents and Carers

St. Gabriel's Ward
01 878 4680
01 878 4681

Main Hospital Number
01 878 4200



St Gabriel's Ward

St Gabriel's specialises in neurosurgery and craniofacial surgery, but often care for patients with both general surgical and medical conditions. Our aim is to provide the highest standard of individualised nursing care to each patient. We promote family centred care by supporting parents or principal carers during their stay in the hospital.

We are a 14 bedded unit including two isolation rooms. St Gabriel's ward can be accessed by the lift / stairs opposite the X-Ray department and is located on the 2nd floor. Please do not use the exit door at the end of the ward as it is the fire exit door.

- Bathrooms are at the end of the ward for patients. Toilets for visitors are located on the ground floor, opposite the Emergency Department reception.
- Once your child is admitted, please do not take them from the ward.
- If your child is under two years of age, they should have two name bands on, if over two years of age, they should have one name band on at all times.
- Please make sure your child's property is stored in the bedside locker or wardrobe provided.
- You are advised to take care of personal belongings as the ward cannot take responsibility for any damage or loss of patients and parents personal property.
- Please tell the nurse caring for your child if they have had any vaccinations within 21 days before their admission.
- If your child has become ill in any way before being admitted to the ward, please let your nurse and doctor know

Parents Phone: 01 8784775 for incoming calls only. You may give this number to Family /Friends who may wish to contact you while you are staying on the ward with your child. This phone is situated at the end of the ward near the toilets.

Isolation Rooms

Isolation rooms are provided to children who have an infection that can be passed onto others or have a compromised immune system and are at high risk if they develop an infection. Visiting may be restricted to children in isolation.



Bed Allocation

Each child is allocated a bed based on need for close observation, vaccination status and age, seriousness of condition, risk of infection and other reasons. You may be asked to move to a different bed, room or ward during your stay, for any one of the above reasons.

Parents' Accommodation

We have a limited amount of rooms in which one parent or guardian can stay. Talk to a member of staff if you would like to use parent's accommodation. There are a number of single mattresses which can be also used alongside a child's bed.

Night Time

We understand that parents may have their child admitted to the ward at short notice, and that this can be a cause of stress, however we can only allow one parent to stay with each patient overnight for space, safety and access reasons.

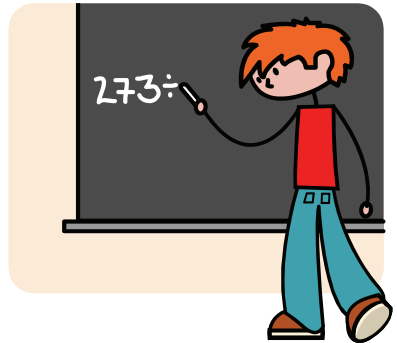
We would ask that parents wear sleepwear at night only. Lights and TV are turned out at 10pm (at the latest). Local hotel B&B information is available on the ward

Playroom/Schoolroom

During school holidays all school going children are free to attend the playroom.

The playroom is open
Monday - Friday
9.30am – 12.15pm and
1.45pm – 4pm.

The school room is open
Monday - Friday from 9.30-12.45pm and 1.45-4pm



Play Assistant

We have a play assistant who provides play activities on the ward, they will help to create an environment that makes the hospital friendlier and fun. If your child has any favourite toys tell the play assistant and they will try to assist you.

Theatre

On the night before your child's surgery talk to the night nurse about how long he/she has to fast and what they can have to eat.

Parents are allowed to accompany their children to theatre with a nurse unless the child is :

- a) under six months of age,
- b) an emergency admission
- c) an airway patient



Please do not wait outside the theatre department for your child. Once ready, your child will be collected by a nurse. A nurse will tell you when your child can eat or drink again.

Fire Alarm

Fire Alarms are fitted throughout the hospital and are tested every Tuesday morning. In the unlikely event of a fire, follow instruction from hospital staff who are trained in fire evacuation procedures.

Doctor's Rounds

Consultants do not attend the ward each day. Usually, a doctor from your child's medical team will see your child each day. As doctors need to attend clinics, theatre, and PICU, rounds may not take place until the afternoon. Where possible we will give you an approximate time. If you wish to speak to a member of your child's medical team please talk to your child's nurse.

On call doctors are on duty after 5pm midweek and at the weekend so it may take longer for your child to be reviewed if it is not an emergency.

Transport and Parking

If you need any information on buses or trains please ask a member of staff. There is a limited amount of parking around the hospital and it is generally pay and display.

Social Work Department

Your child's admission to hospital may prove to be a very stressful time for you and your family. Our social work team in conjunction with the staff on the ward, is available for you, to help and advise on personal, family and other matters that may arise. Please ask a staff member to arrange an appointment for you, if required.

Meal Times On The Ward

Breakfast 8.20am Dinner 12.30pm. Tea time 4pm
HALAL and vegetarian meals are also available on request.

Hospital Restaurant

We have a restaurant on the lower ground floor that serves breakfast and dinner It also has ready made sandwiches and vending machines.

Monday - Friday

Breakfast: 7.30am- 9am

Cooked breakfast, cereal, toast, juice and tea/coffee

Lunch; 11.45am-2.30pm

soup, main course, dessert, tea/coffee

Weekend and Bank Holidays

8.30am - 10.30am



Outside the above times the canteen has vending machines for your use. Hot Drinks are not allowed on the ward for safety reasons. Please do not bring in your own food. Formula, food and drinks are provided for the children on the ward.

Faith

The hospital chapel is open from 7am – 7pm everyday. Mass is at 9.30am each Sunday and on Holy Days. Our multifaith / reflection room is open from 7am and 7pm each day. It is located on St. Joan's corridor on the first floor (near the main reception desk). Feel free to visit if you need some quiet time.

A Chaplain visits our ward each day and is happy to talk with families of all beliefs. The hospital chaplains can also arrange for ministers of different faiths to visit with you.

Visiting Hours

Visiting times are from 10am-8pm, Monday – Sunday. Parents can (in consultation) with ward staff decide who they would like to visit their child, however, only 2 visitors are permitted at the bedside at any one time.

If you have any other questions please do not hesitate to ask. Each child is allocated a dedicated nurse every day. Your child's nurse will be happy to answer your questions.

Home By Eleven

Patients are requested to vacate their bed by 11am on the morning of discharge. Please ensure that you have adequate arrangements in place for going home.

Please remember to wash your hands
or use hand gel when visiting the Hospital

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The information contained in this booklet is correct at time of print