



Temple Street

CHILDREN'S UNIVERSITY HOSPITAL



# Information For Parents and Carers

01 878 4375

01 878 4374

Main Hospital Number

01 878 4200

St Brigid's Ward is a metabolic ward. Our aim is to provide the highest standard of individualised nursing care to babies and children up to the age of 18. We promote family centred care by supporting parents or carers during their stay in the hospital.

We are a 7 bedded high dependency ward and are the tertiary care referral centre for investigations and treatment of children suspected of having a metabolic disorder including those detected on the Newborn Screening Programme.

Our multidisciplinary team is consultant led and includes medical, nursing, dietician, psychology, social workers and laboratory staff.

## **Special Investigations**

On St.Brigid's Ward the nurses carry out a number of special tests for investigations of a metabolic disorder. When you arrive on the ward, a nurse/doctor will explain each test your child will have performed and will provide information leaflets where available.

## **Handover**

A handover report takes place when the nurses change shift at 7.45am - 8.30am and between 7.45pm - 8.30pm. This takes place at the nurses station. During this time we ask that you limit the times you enter or leave the ward to protect the confidentiality for all children and families.

## **Important Points**

St Brigid's Ward is open Monday - Friday except bank holidays

Toilets for visitors are located on the ground floor, opposite the Emergency Department reception.

Once your child is admitted, please do not take your child from the ward without permission from nursing staff.

Children under two years of age must wear two name bands at all times. Children over two years of age must wear one name band on at all times.

Make sure your child's property is stored in the bedside locker provided.

Please make sure your child's cot side is up at all times.

Inform staff of any medication your child may be taking and please give all medication to the nurse on admission.

All your child's meals and feeds will be supplied by the hospital during their stay.

Parents, carers and visitors are not allowed to bring hot food or drinks onto the ward.

Nurses wearing red aprons will be administering medications. Please avoid unnecessary interruptions during this time.

## Ward Meal Times

Breakfast 8.30 am Dinner 12.30 pm

Tea time 4.15 pm Supper 8.30 pm



Children on prescription diets can choose what they want for their dinner, tea and snacks as directed by dietitians. We aim to meet these requests where possible. HALAL and vegetarian meals are also available on request.

## Isolation Rooms

As part of their care some children need to be nursed in a room on their own (isolation) with a restriction on visiting. Children in isolation must stay in their room. Please wash your hands regularly especially when entering and leaving the room in order to prevent the spread of infection.

## Playroom and Hospital School

Your child may visit the school or playroom with the permission of the nursing staff. Children who are in isolation will be visited by the teacher and play specialist. During school holidays all school going children are free to attend the playroom.

Playroom opening times

Monday - Friday

9.30 am – 12.15 pm

1.45 pm – 4.00 pm.

School opening times

Monday - Friday

9.30 am – 12.30 pm

1.10 pm – 3.20 pm

## **Play Specialist**

A play specialist is available on our ward, they can arrange toys, DVD's and art supplies to your child. The play specialist can help to make the hospital a fun place or play a role in distracting your child while tests are being carried out.

## **Social Work Department**

Your child's admission to hospital may prove to be a very stressful time for you and your family. A limited social work team is available to you, to assist and offer advice on personal, family and other matters that may arise during your hospital stay. Please ask a staff member to arrange an appointment for you, if required.

## **Visiting Times**

Visitors are welcome between 10 am - 8 pm. At these times only 2 people are allowed at the child's bedside. Parents / guardians may be present all day and one parent may stay at night. If you have any other questions please do not hesitate to ask a member of staff. Children under one year of age or those without vaccinations may not visit the hospital.

Visiting may be further restricted at times; you will be informed if restrictions are in place.

## **Hospital Restaurant**

The restaurant is on the lower ground floor it serves breakfast and dinner.

### **Breakfast:**

Monday – Friday 7.30 am- 9 am.

Saturday – Sunday 8 am - 10.30 am

### **Dinner**

Monday - Friday 11.45 am - 2.30 pm

The canteen has vending machines with a limited range of ready meals, snacks, and tea/coffee. There is a microwave available for your use.

## **Faith**

The hospital chapel is open from 7 am – 7 pm everyday. Mass is at 9.30am each Sunday and on Holy Days. Our multifaith / reflection room is open from 7 am and 7 pm each day. It is located on St. Joan's corridor on the first floor (near the main reception desk).

Feel free to visit if you need some quiet time. A Chaplain visits our ward daily and is happy to talk with families of all beliefs. The hospital chaplains can also arrange for ministers of different faiths to visit with you.

## Parents Accommodation

There are a small number of rooms available for a small charge in parents' accommodation. Talk to a member of staff if you would like to avail of one of these rooms or contact the parents accommodation coordinator on 01-8784300 prior to admission, this does not guarantee a room. We provide a single mattress to be used by a child's bed. There are a number of hotels and B&B's located nearby, please check the hospital website for information.

## Fire Alarm

In the unlikely event of a fire, please follow a member of staff who is trained in the hospitals evacuation procedure. The fire alarms are tested on Tuesday mornings.

## Transport and Parking

If you need any information on buses or trains please ask a member of staff. There is a very limited amount of parking around the hospital and it is generally on street, pay and display. Please visit our website [www.cuh.ie](http://www.cuh.ie) for further information.

## Useful Websites

[www.ncimd.ie](http://www.ncimd.ie) National Centre for Inherited Metabolic Disorders

[www.templestreet.ie](http://www.templestreet.ie) Hospital Fundraising website

Our campus is smoke free from February 13th 2013



Please remember to wash your hands or use  
hand gel when visiting the Hospital

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The information contained in this booklet is correct at time of development