

How to get here

There is no parking available on the grounds of the hospital. Limited on street parking is available around the hospital, including a number of disabled parking spaces.

The hospital can be accessed by a number of Dublin Bus routes:
121 (Eccles St.)

3, 11, 11A, 11B, 16, 13, 33, 40, 40A, 40D, 122, 41, 41B, 41C, 122, 746 (Dorset St.)

46A, 46B, 46E (Mountjoy Sq.)

10, 10A, 38, 38A, 120 (Berkeley Rd.)

The closest train stations are Connolly (15 minute walk) and Drumcondra (10 minute walk).

Visitors to Temple Street can park in Q Park Clerys for up to 24 hours for €6 with tickets validated in the hospital.

Parking is also available at the Mater Hospital car park at standard rates.

Contact details

The department secretary can be contacted at



Monday to Friday 9am to 2pm
01 878 4442

Outside of these hours, please leave a voicemail and your call will be returned as soon as possible.



dietitians@cuh.ie

Postal Address:

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Department of Clinical Nutrition and Dietetics Outpatient Services



About your visit to the dietitian

Your child's doctor has referred them to be seen by one of our dietitians for assessment and advice about their diet. There are many conditions that are treated with diet, including:

Faltering Growth	Food Allergies
Diabetes	Coeliac Disease
Metabolic Disorders	Overweight
Kidney Problems	Neurological Conditions



The dietetic outpatient clinic is located on the 3rd floor of the Outpatients Department. When you arrive, please check in at the reception desk on the 3rd floor, and wait to be called.

All appointments usually take 30 minutes.

What happens at my child's appointment?

At the appointment, the dietitian may need to:

- Weigh your child, and check their height/length. Please bring a spare nappy if required.
- Ask about what foods your child eats, how much they eat and drink each day, and about their likes and dislikes
- Ask about time spent playing, watching television and other activities



The dietitian may ask other questions if appropriate in order to complete a full assessment and provide the right advice to you and your child.

You will also be able to ask questions during your appointment.

If follow up is needed, this will be discussed with you before you go home.



Missed or cancelled appointments

If you and your child are unable to attend your appointment, please contact us by telephone at 01 878 4442 to reschedule. This will also allow us to offer the appointment to someone else on the waiting list.

If you miss your appointment, you need to contact us within one month to reschedule your appointment.

If you do not contact us within one month your child will be discharged from our service, this will be noted in their healthcare record.

If you cancel two appointments in a row, your child will be discharged from our service.