

## DIRECTOR OF NURSING'S INTRODUCTION



Dear Colleague,

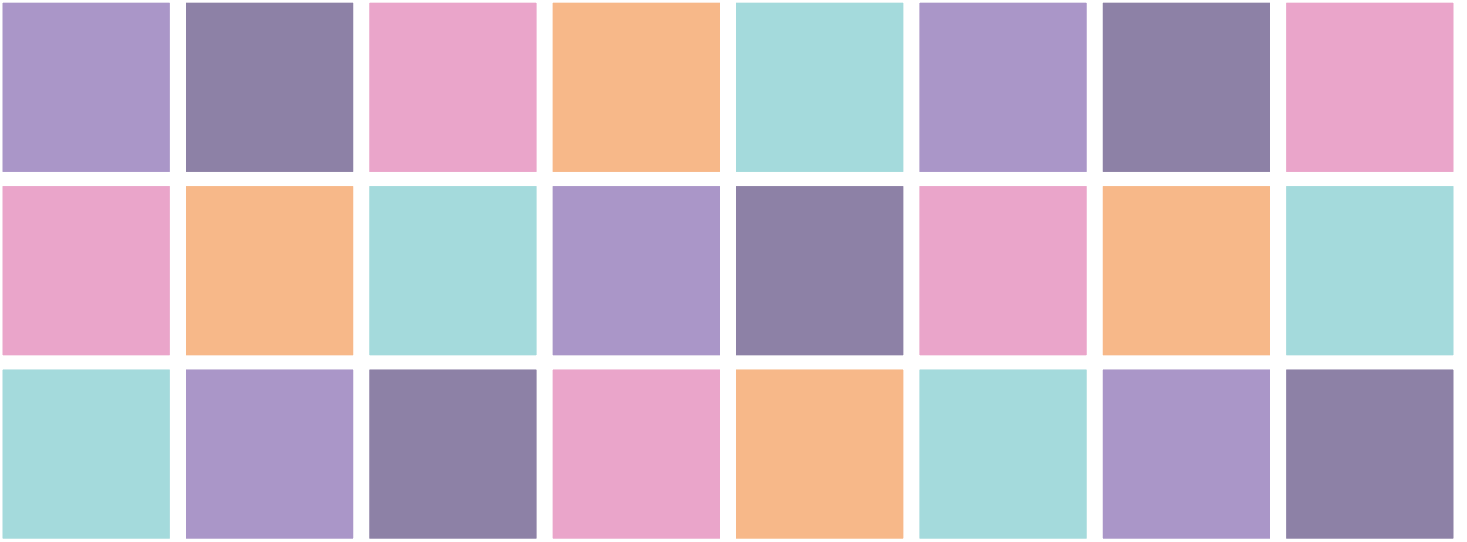
On behalf of the Department of Nursing Temple Street, I am extremely proud to present our inaugural Nursing Research Strategy 2015 – 2020. It is the culmination of incredible professional and personal commitment on behalf of the members of our nursing research committee. This document is based on a culture of engagement, inclusivity and collaboration borne out by our close partnership with our academic partner DCU and our involvement with nursing colleagues in international research projects.

I hope it provides you with an insight into the vision for nursing research here in Temple Street. We believe that nursing research is the vehicle that will sustain the profession of nursing going forward. It provides the evidence base that underpins nursing practice, ensuring our children and parents are cared for in a compassionate and contemporary manner. I believe the strategy is both realistic yet challenging; the four goals outlined reflect feedback from nursing staff that getting involved in research is often very daunting. It aims to demonstrate that research is a continuum – a spectrum that spans from simple audit, quality improvement to qualitative and quantitative research projects.

I encourage all nursing staff to be curious, get involved and start this journey. The Department of Nursing is committed to supporting you.

A handwritten signature in black ink that reads "Suzanne Dempsey". The signature is fluid and cursive, written over a horizontal line.

Suzanne Dempsey  
Director of Nursing



## FORWARD

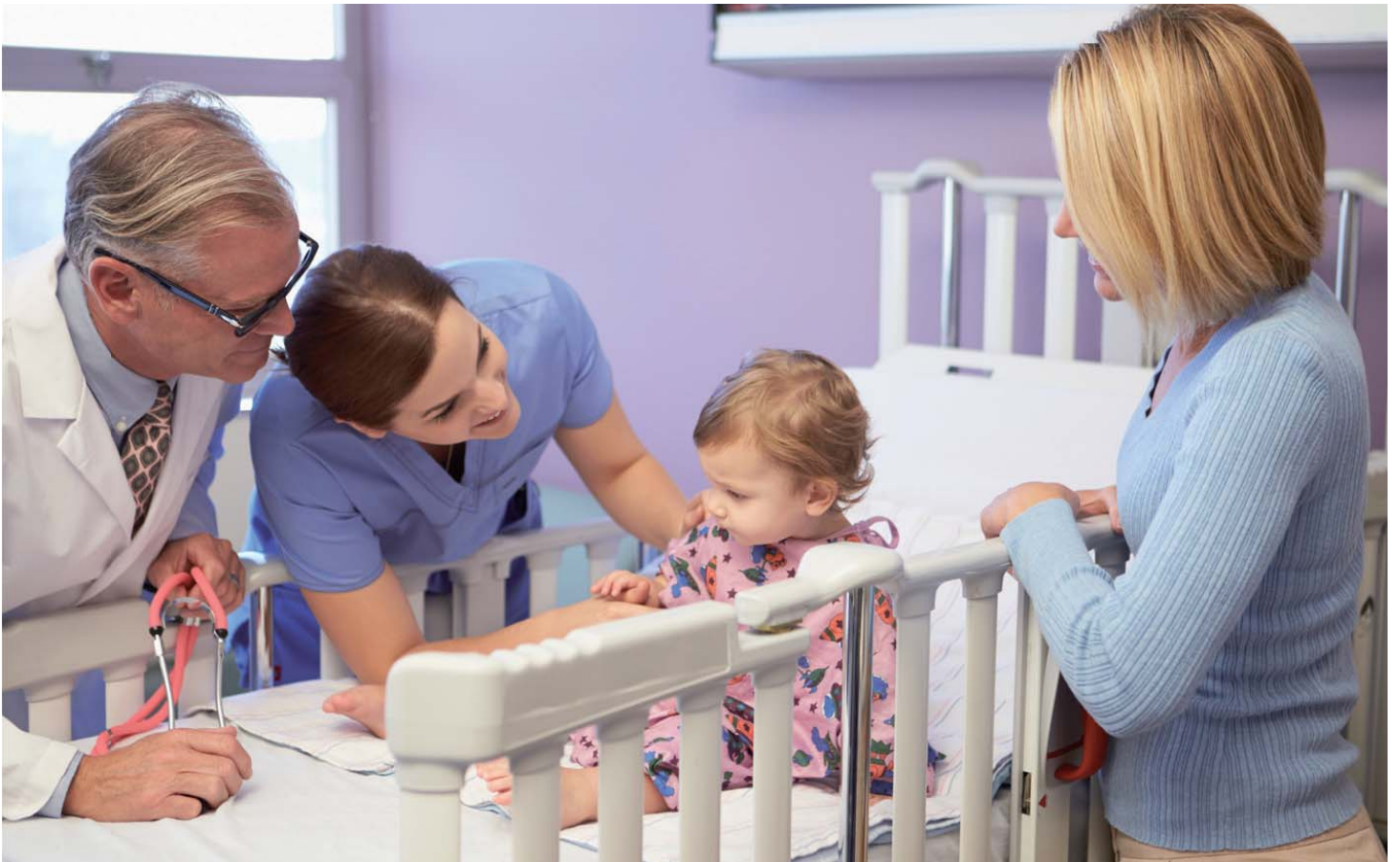
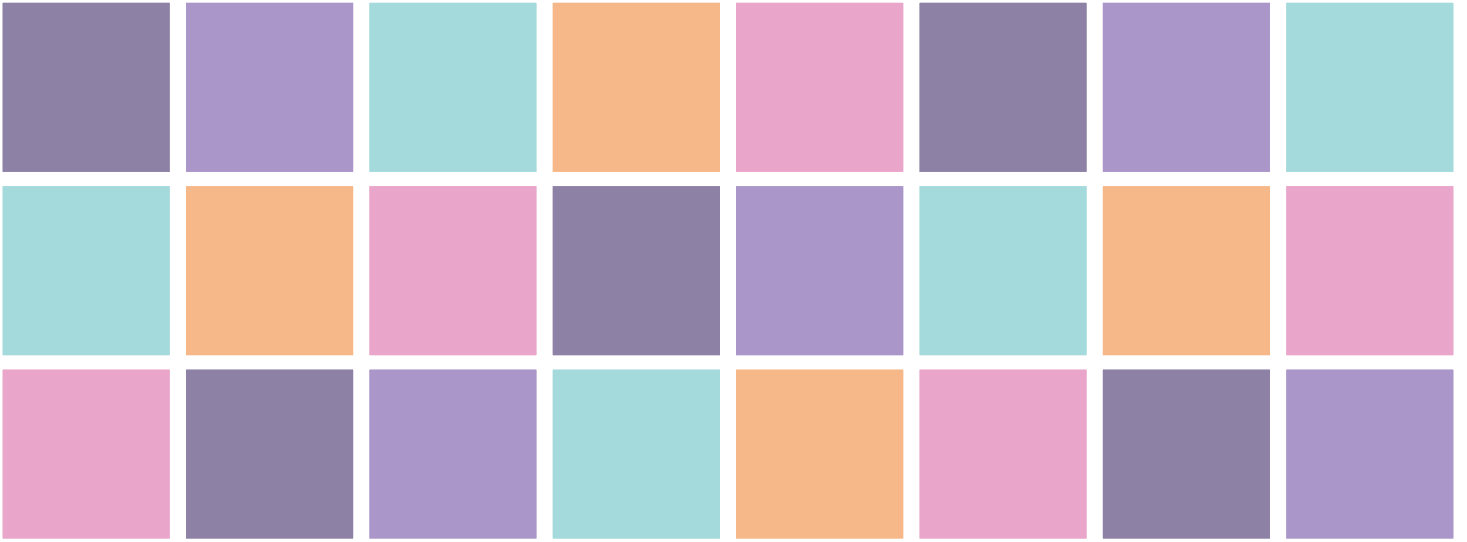
I am pleased to introduce this Nursing Research Strategic Plan 2015-2020, which summarises the ambitions of the Nursing Research Committee to promote nurses' engagement in the research process and disseminate nursing research. The group was asked to conduct a strategic review of nursing research in Temple Street Children's University Hospital in order to better position the Department of Nursing to strengthen its capacity to respond to major changes occurring within the health and nursing research sector. This sets out the Nursing Research Committee's strategic plan for the next five years and makes recommendations as to how this can be achieved. By setting out our objectives, we are ensuring that the Department of Nursing can continue to provide world-class nursing care to those children being cared for in Temple Street Children's University Hospital.

This strategic plan embodies our vision and ambition and represents our collective commitment to progress nursing research in a defined direction. It builds upon past achievements, notes current challenges, and defines stretching but realistic objectives.

I would like to thank all of my colleagues on the Nursing Research Committee, in particular Ms. Caroline O'Connor, Ms. Anne Marie Cullinane and Ms. Suja Somanadhan who have generously contributed their time, significant expertise and insights. Our continued success is due to the dedication and support of the entire Nursing Research Committee. I would also like to acknowledge the valuable assistance and commitment received from Ms. Suzanne Dempsey, the Director of Nursing and Dr Veronica Lambert, School of Nursing and Human Sciences, DCU.

Norma O'Keeffe  
Chairman, Nursing Research Committee  
March 2015





## INTRODUCTION

There is an increasing emphasis on Research, Audit and Quality Improvement<sup>1</sup> among nursing staff in Temple Street Children's University Hospital (TSCUH) with many nurses actively engaged in projects that inform practice. The Nursing Research Committee, formally set up in 2009, promotes nursing research, quality improvement and clinical audit projects. Nursing research is under the direction of the Department of Nursing and works collaboratively with the Department of Research, Department of Clinical Audit and the Medical Board. The goals outlined in this plan seek to develop a culture of inquiry that encourages and supports nurses at all levels in the organisation. The overall aim of the nursing research strategic plan is to promote nurses' engagement in the research process and disseminate nursing research in TSCUH. In so doing, this plan is designed to develop concise, flexible and achievable goals which will promote hospital - based nursing research in the coming years. This plan endorses the mission, vision and goals set out by the Department of Research in TSCUH and the Statement of Intent (2013). Throughout the life of this plan, the Department of Nursing in TSCUH will continually analyse its progress towards achieving the goals outlined.

## MISSION STATEMENT

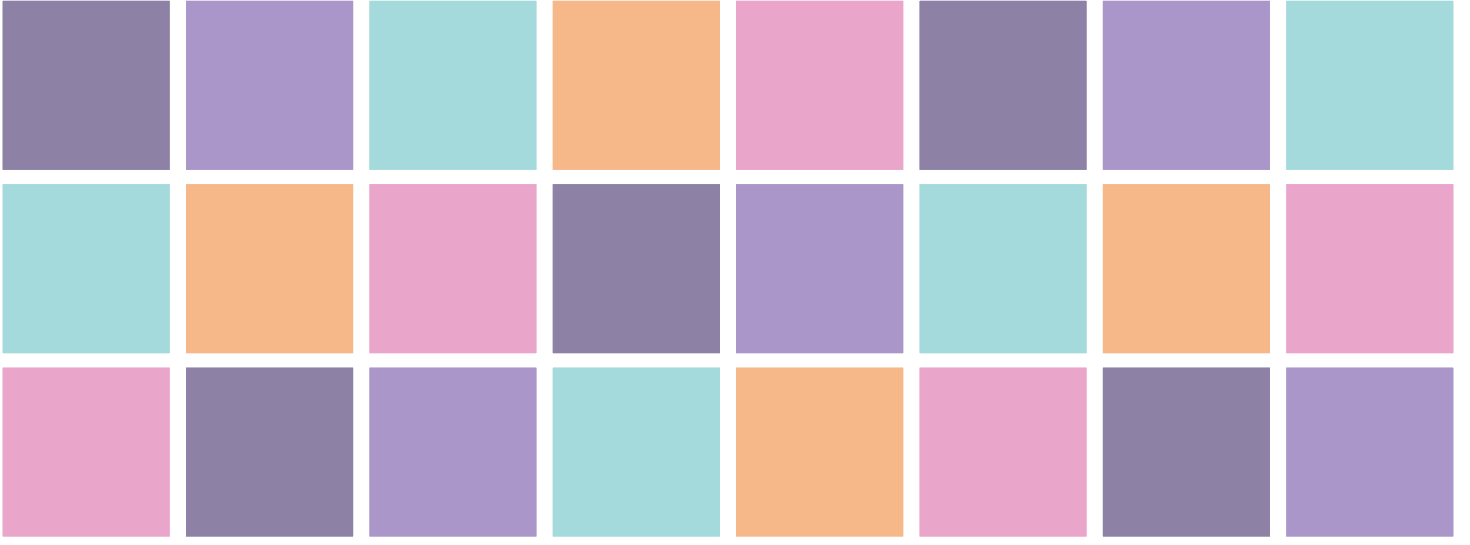
The Nursing Research Committee in TSCUH seeks to create an environment that enables and encourages nurses to conduct Research, Audit and Quality Improvement<sup>2</sup> to promote evidence-based practice, thus ensuring that the nursing care delivered to children is safe, effective, and based on the best available evidence.

## VISION

To promote and support nursing research, audit and quality improvement that brings tangible benefits to children who engage with our organisation. This will be achieved through the integration of rigorously developed nursing research and quality improvement initiatives along with effective collaboration and positive collegial relationships with other healthcare organisations and universities, thus creating safer and better healthcare standards for the children and their families.

<sup>1</sup> Clinical Audit: Clinical audit involves systematically looking at the procedures used for diagnosis, care and treatment, examining how associated resources are used and investigating the effect care has on the outcome and quality of life for the patient (Department of Health (UK) 2003). Audit usually involves a quality improvement cycle that measures care against predetermined standards, takes specific actions to improve care and monitors on-going sustained improvements to quality against agreed standards or benchmarks (NICE 2002, Gerrish & Lacey 2010)

<sup>2</sup> Research: Research entails the attempt to extend the available knowledge by means of a systematically defensible process of enquiry (Clamp et. al. 2004)





## STRATEGIC GOALS

The Nursing Research Committee has identified four strategic goals to drive the implementation of our Strategic Plan 2015–20.

### GOAL 1

TSCUH Nursing staff at all levels will be aware of the work of the Nursing Research Committee.

### GOAL 2

Increase research activity within the Department of Nursing.

### GOAL 3

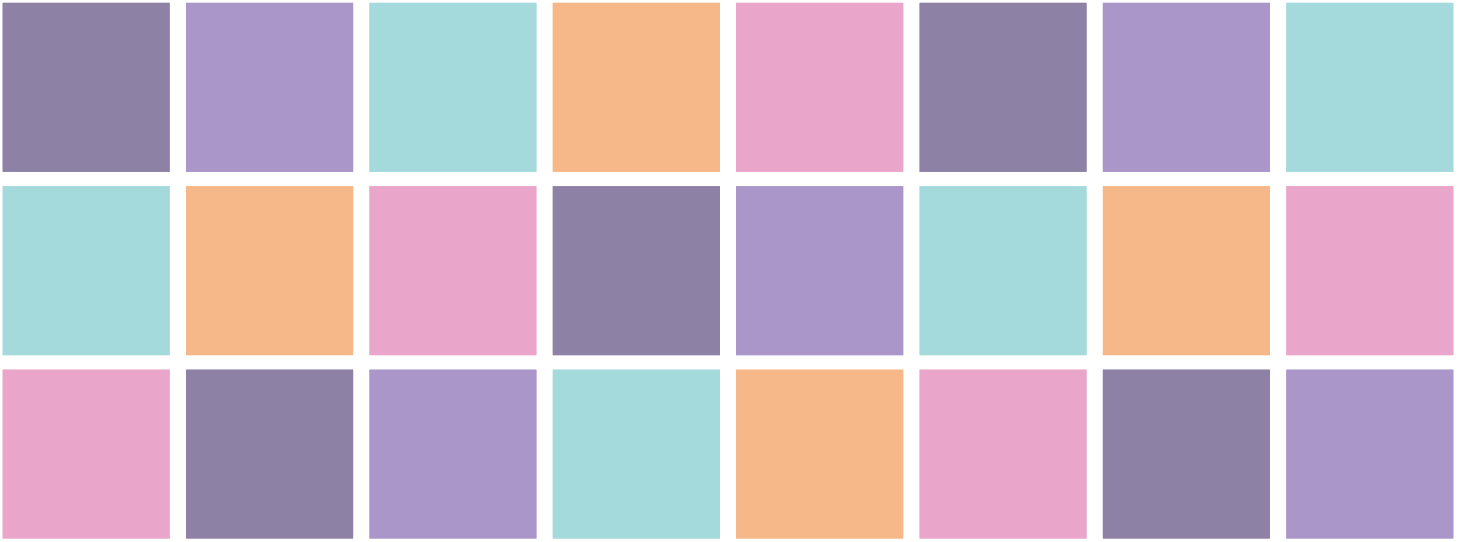
Engage in a range of research collaborations and partnerships to build capacity across the organisation.

### GOAL 4

Integrate high-quality research findings into the clinical setting to improve practice.

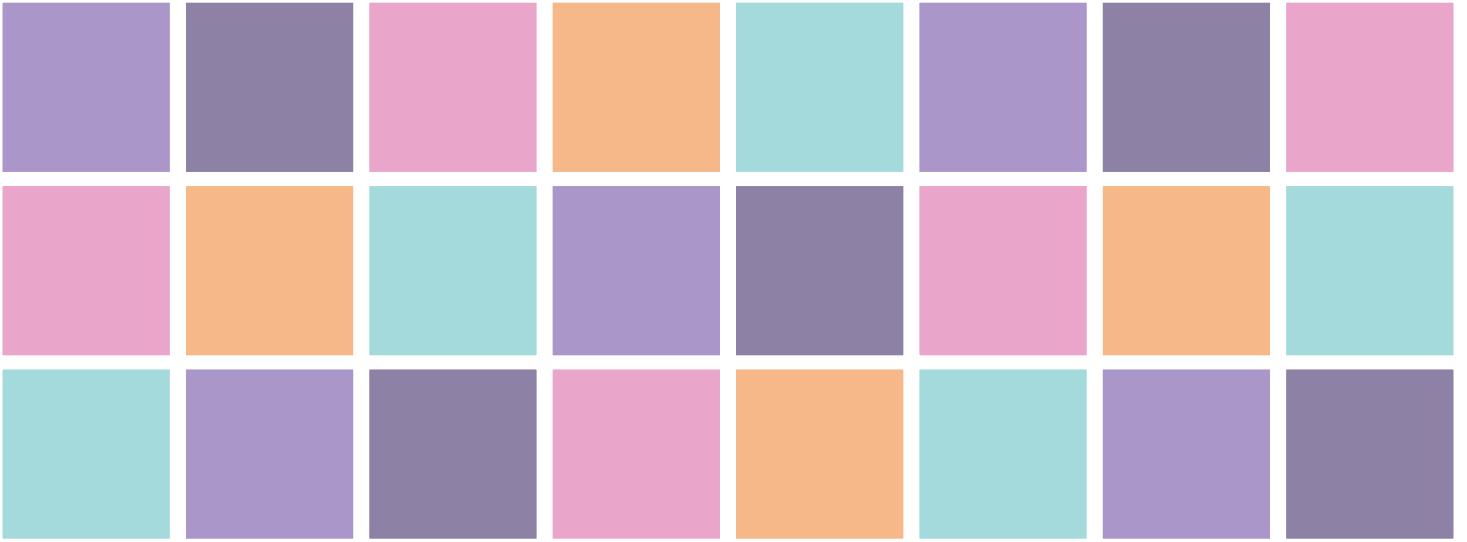


| GOAL   | ACTIONS   | PERFORMANCE MEASURES   |
|--|---|--|
| <p><b>GOAL 1:</b><br/>TSCUH Nursing staff at all levels will be aware of the work of the Nursing Research Committee.</p> | <ol style="list-style-type: none"> <li>1. The Nursing Research Committee will organise monthly nursing research meetings with monthly action plans.</li> <li>2. The Nursing Research Committee will release quarterly nursing research bulletins.</li> <li>3. The Nursing Research Committee will organise Annual Nursing Research Conference.</li> <li>4. Development of Nursing Research hub on the hospital intranet.</li> </ol> | <ol style="list-style-type: none"> <li>1. A minimum of 10 nursing research committee meetings will be held annually.</li> <li>2. A nursing research bulletin will be published quarterly.</li> <li>3. Annual Nursing Research Conference.</li> <li>4. A Nursing Research hub will be active by end of 2015.</li> </ol> |

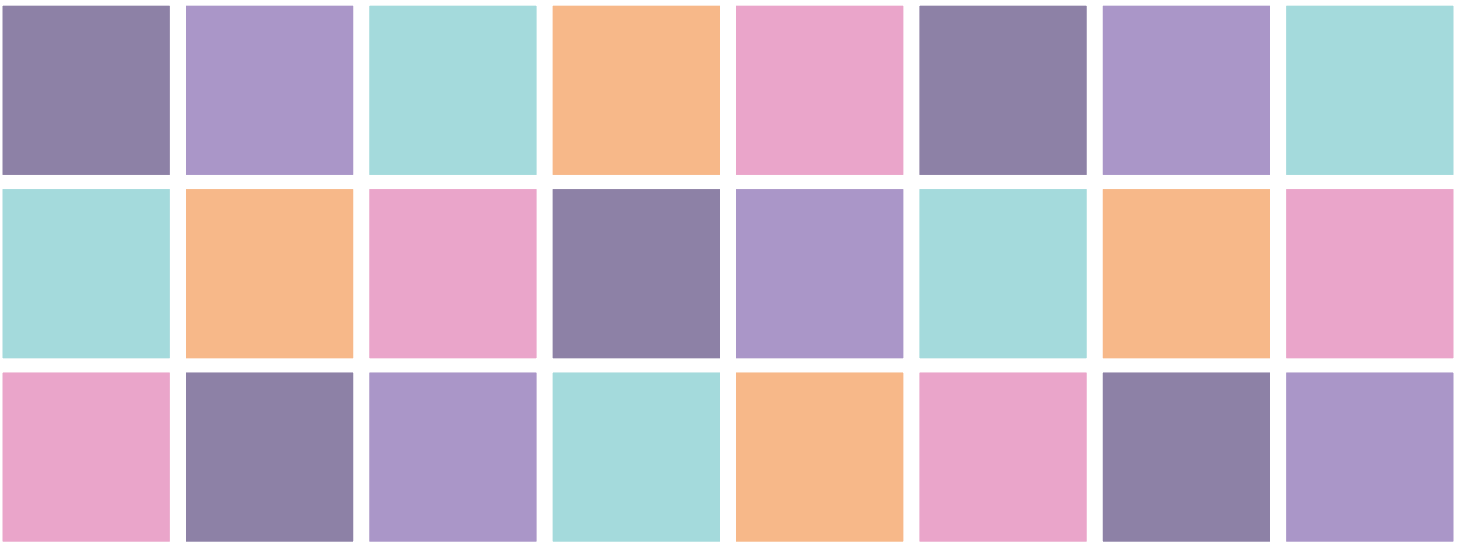




| GOAL   | ACTIONS  | PERFORMANCE MEASURES   |
|--|--|--|
| <p><b>GOAL 2:</b><br/>Increase research activity within the Department of Nursing.</p> | <ol style="list-style-type: none"> <li>1. Identify current research activity, interest, and funding availability.</li> <li>2. Support research projects to completion as evidenced by published work.</li> <li>3. Provide education and mentoring to increase nurses' capacity to conduct and participate in research and evidence-based practice projects.</li> <li>4. Explore research funding opportunities through local and national grant applications.</li> </ol> | <ol style="list-style-type: none"> <li>1. An inventory will be created of nursing research and research publication output.</li> <li>2. Skilled research personnel will be available to assist and support nursing staff undertaking research projects, to include the appointment of a university based postdoctoral researcher.</li> <li>3. Research training will be provided through targeted educated sessions, to include; research/ethics applications, funding/grant applications and writing for publication.</li> <li>4. A pathway for the funding process for nursing research will be formalised.</li> </ol> |



| GOAL   | ACTIONS  | PERFORMANCE MEASURES  |
|--|--|---|
| <p><b>GOAL 3:</b><br/>Engage in a range of research collaborations and partnerships to build capacity across the organisation.</p> | <ol style="list-style-type: none"> <li>1. Respond to national and international children's healthcare needs and funding initiatives.</li> <li>2. Broaden the scope of research activities to include local, national and European health care policies.</li> </ol> | <ol style="list-style-type: none"> <li>1. Nursing representation will be maintained on relevant research committees and boards within the organisation including Department of Research and Department of Clinical Audit.</li> <li>2. Effective and sustainable engagement with the Department of Research or other departments or stakeholder (i.e.parent/child) and research organisations will be established to facilitate more interdisciplinary research collaboration..</li> <li>3. Collaboration with key organisations nationally and internationally including affiliated third level institutions, Health Research Board (HRB), HSE and NMBI will be established.</li> </ol> |





| GOAL  | ACTIONS   | PERFORMANCE MEASURES   |
|---|---|--|
| <p><b>GOAL 4:</b><br/>Integrate high quality research findings into the clinical setting to improve practice.</p> | <ol style="list-style-type: none"> <li>1. Advocate and assist in service level policy and clinical practice development based on evidence obtained from health care research</li> <li>2. Translate outcomes from nurse-led research and audit back into the workplace for the benefit of TSCUH patients and children in Ireland.</li> <li>3. Promote and recognise the development of innovative clinical practice through research and audit.</li> </ol> | <ol style="list-style-type: none"> <li>1. Audits will be conducted to ensure the appropriate and effective use of evidence-based policies, procedures, and guidelines.</li> <li>2. Appropriate skilled personnel will be available to support nursing staff to translate outcomes from nurse-led research and audit.</li> <li>3. Recognition will be given to selected clinical areas of excellence in terms of research and quality through the awarding of the annual nursing research &amp; quality bursary.</li> </ol> |

## REFERENCES

National Institute for Health and Care Excellence (NICE) (2002) Principles for best practice in clinical audit, Radcliffe Medical Press: Oxford.

Gerrish, K. and Lacey, A. (2010) Research and development in nursing in Gerrish, K., and Lacey, A., eds The Research Process in Nursing 6th edn Wiley-Blackwell: London.

Clamp, C., Gough, S., and Land, L. (2004) Resources for Nursing an annotated bibliography, 4th edn. Sage: London.





Temple Street Children's University Hospital



Engaging Power

we're  
doing  
it now



*Engaging Passion*

Engaging People



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